

Abstract # TUPED1242

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# A user costs analysis for HIV testing among rural communities in Malawi

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#### Introduction

HIV SELF-TESTING AFRICA

- HIV prevalence remains high in Malawi at 10.6%
- Men have higher testing gap than women
- Key barriers to testing include direct and indirect costs and lack of convenience

#### Aim:

To analyse the extent to which costs and their drivers influence access and demand for HIV testing among rural Malawian communities.

#### Methods: Design Schema

## **Baseline Household Survey** Adults aged 16 years or more Living in 22 pre-selected enumeration villages N=5,559 Random 25% sample asked to consent to: - Extended Questionnaire (n=746) **User Costs of HIV Testing Discrete Choice Experiment Included in current** study if HIV tested in last 12 months Completed Costing Questions and recently tested (N=746)

 $TC_i = f(gender_i, age_i, education_i, children_i, test lo$ cationi, durationi, visit reasoni, wealthi)

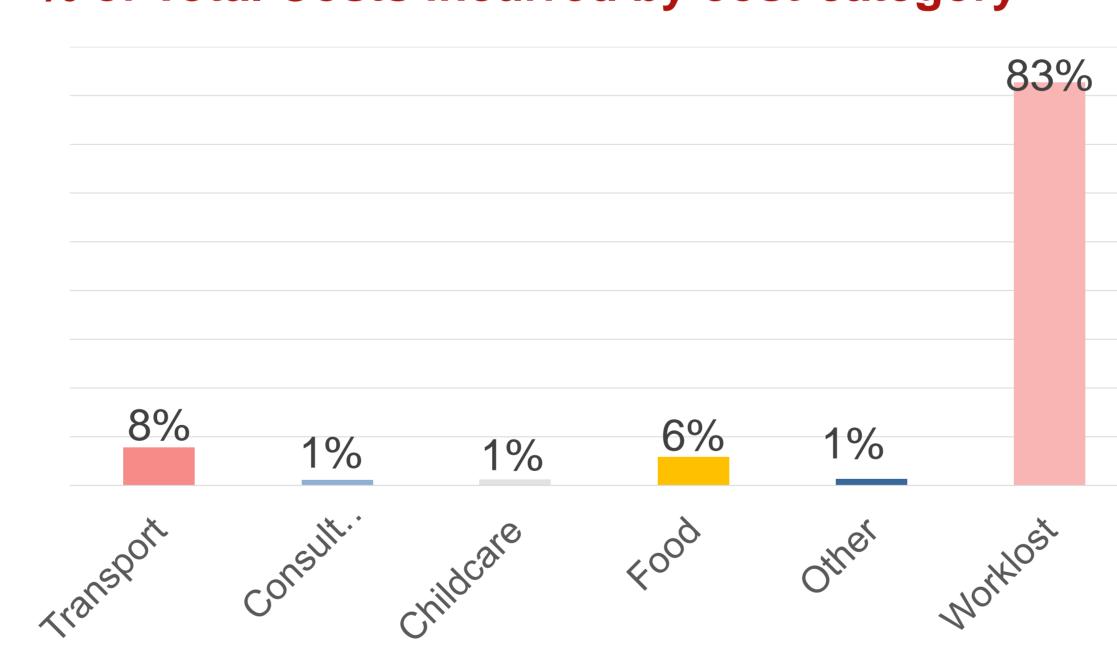
## Reported user costs by gender

Results

Category	Men (US\$)	Women (US\$)
Transport	0.26	0.15
Consultation	0.03	0.03
Child Care	0.07	0.01
Meal	0.18	0.13
Other	0.05	0.02
Work Lost	2.95	1.48
Total	3.53	1.82

- Median cost for many categories was zero
  - Testing usually accessed opportunistically or via provider-initiated services while attending care
- Mean cost of accessing HIV testing was \$2.68
  - \$3.53 for men & \$1.82 for women
- Reported user costs ~3 times their average daily earnings
- Both user and service characteristics were important drivers of these costs

## % of Total Costs incurred by cost-category



Variables	Tobit Model
Female	-0.341***
Community HTC	-0.528***

Multivariate (Tobit) Model of Cost Drivers

eduyrs 0.0269\* **Parity** 

0.0390\*\*\* Time Taken (Hours) 0.0381\*\*\* Wealth

0.000926 Age

VCT Centre 0.0258 Other Location -0.24

Reason for Hosp Visit 0.101

0.666\*\*\* Constant

Observations 745

\*\*\*p<0.01,\*\*p<0.05, \*p<0.1

#### CONCLUSION

- Opportunity costs of conventional HIV testing are high compared to daily consumption in rural Malawi
- Men report higher user costs relative to women May in part explain their lower coverage of HIV testing and ARV treatment at national level Opportunity & transportation costs can render "free" services unaffordable (Kemp 2007)
- Reducing indirect economic barriers to testing --- including HIV self testing --- should be a key component of testing strategies targeting men

#### **Key References**

UNAIDS (2014)

Maheswaran, H. Petrou, S. et al. (2016) Kemp, J.R. et al. (2007)













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